Sorting your recycling benefits the environment and your health!

WHAT CAN I PUT IN MY **RECYCLING BIN**?



Boxes, packaging and printed paper materials, cardboard, plastics (except no. 6 and products without a symbol), glass and metals.

For more information recreer.recyc-quebec.gouv.qc.ca

Paper and cardboard

- Newsprint, glossy, copy (letters, circulars, flyers)
- Kraft paper (paper bags, grocery bags)
- Notebooks (books, magazines, journals, catalogues, directories)
- Envelopes (with or without windows)
- Corrugated, flat or multi-layered cardboard (rolls and boxes that are clean)
- TetraPak™ aseptic carton containers (e.g. Oasis Juice, etc.)
- · Waxed cardboard (milk cartons or other dairy products, juice)
- Paperboard (egg cartons)

Plastic

Empty containers or packaging (lightly rinsed)

· All items identified with the following symbols:











Remove all

printed material

from plastic

bags!

- Stretchable films and bags* (packaging e. g. toilet paper wrapping, grocery bags, shopping bags, dry cleaning covers, food safe bags - e.g. bread, rinsed milk bags, etc.)
- Containers, caps and lids (water, beverages, food products e.g. large vogurt containers, housekeeping, beauty and health products)

*Put all empty bags in one bag.

Metal

Empty containers or packaging (lightly rinsed)

- Containers, caps and lids (beverage cans**, canned goods, bottles)
- Travs. bakeware, and foil (aluminum or steel)

Glass

Empty containers (lightly rinsed)

 containers, jars and bottles** (regardless of shape or colour)

**Return refundable containers to retailers.

Download the mobile app to find out how each item should be sorted.

